2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 16: Servings of Each Milk Product (Milk, Cheese, Yogurt, and Dairy Desserts) Consumed by California Adolescents

Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latte?

How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?

How many times did you have yogurt yesterday, not including frozen yogurt?

How many times did you have dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?

	Mean Servings[1] of Milk Products Reported Yesterday				
	All Milk Products	Milk	Cheese	Yogurt[2]	Dairy Desserts
Total	**3.7**	**1.9**	**1.1**	**0.1**	**0.6**
Gender					
Males	4.0 ***	2.2 ***	1.1	0.1	0.6
Females	3.4	1.7	1.0	0.2	0.6
Ethnicity					
White	4.0[b] **	2.2[b] ***	1.2[b] *	0.2	0.5
African American	3.4[ab]	1.7[ab]	1.1[ab]	0.1	0.6
Latino	3.4[a]	1.8[a]	0.9[a]	0.2	0.6
Asian/Other	3.5[ab]	1.7[a]	1.0[ab]	0.1	0.7
Gender by Age					
Males					
12-13	4.1	2.3	1.0	0.2	0.6
14-15	3.9	2.1	1.1	0.1	0.6
16-17	3.9	2.1	1.2	0.1	0.5
Females					
12-13	3.7[b] **	1.9[b] *	1.0	0.2	0.6[b] **
14-15	3.6[b]	1.7[ab]	1.0	0.1	0.7[b]
16-17	3.0[a]	1.5[a]	1.0	0.1	0.4[a]
Smoking Status					
Non-Smokers	3.7	1.9	1.1	0.2	0.6
Smokers	4.1	2.2	1.2	0.1	0.6
Physical Activity Status					
Regular	3.8 ***	2.0 ***	1.1 **	0.1	0.6
Irregular	3.2	1.5	0.9	0.2	0.5
Overweight Status					
Not at Risk	3.9 ***	2.0 *	1.1 *	0.2	0.6 **
At Risk/Overweight	3.2	1.7	0.9	0.1	0.4

[1] Each "time" cheese, yogurt and dairy desserts were reported, it was assumed to equal one serving.

[2] Data should be interpreted with caution due to small sample size in each cell.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (modified version of Tukey's Standardized Range Test) at a procedure-wise error rate=.05).

ANOVA
* p<.05
** p<.01
*** p<.001